

## CROQUETTES OF ALL SORTS.

Recipes for Easily Made and Appetizing Luncheon Dishes.

**Bean Croquettes.**—Use one pint of white soup beans, one tablespoonful of vinegar, one tablespoonful of molasses, one tablespoonful of butter; salt and cayenne to taste. Boil the beans and when done press them through a colander, then add the other ingredients, mixed well, and stand away to cool. When cold form into small balls. Dip first in egg and then in bread crumbs and fry in boiling fat.

**Cheese Croquettes.**—Use one-fourth cup butter, one-fourth cup flour, two-thirds cup milk, yolks of two eggs, one cup mild cheese cut in small pieces, one-half cup of milk cheese, grated, salt and pepper. Make a thick sauce of the first three ingredients and add yolks of eggs and stir well, then add cheese.

As soon as grated cheese melts remove from the fire and season with salt and pepper. Spread in a shallow pan and cool.

Turn on a board, cut in small squares or strips, dip in crumbs, egg and crumbs again, fry in deep fat, and drain on brown paper.

**Lobster Croquettes.**—Use two cups of chopped lobster meat, one-half teaspoonful of mustard, three grains of cayenne, one teaspoonful of lemon, one cup of thick white sauce. Add seasoning to lobster. Then add thick white sauce. Cool, shape, dip in crumbs, egg, and crumbs again, fry in deep fat, and drain.

**Chicken Croquettes.**—The breast of a roast fowl, two parts, of boiled tongue one part, and of truffles one part. Mince all these fine and mix them together.

Melt a piece of butter in a saucepan, stir a little flour into it, then put in the above mixture and moisten with a small quantity of stock. Add some finely minced parsley, pepper, salt and nutmeg to taste.

Stir it on the fire for a few minutes, then stir in it, off the fire, the yolks of one or two eggs beaten up with the juice of a lemon and strained. Spread out this mince—which should be pretty stiff—on a marble slab, and when it is nearly cold fashion it into small portions in the shape of balls or cones.

Dip each in beaten up egg and then roll it in fine baked bread crumbs. Repeat this operation after the lapse of an hour, and after a similar interval fry the croquettes in hot lard to a golden color. Serve on a napkin with plenty of fried parsley.

## MAKING SAUSAGE AT HOME.

Carefully Prepared Ingredients Necessary for Success.

**Homemade Sausage.**—There are many variations in making sausage, but only in the proportions of the ingredients used. Most of them require the use of young pork, a good combination being five pounds lean, including part tenderloin, with two pounds of fat pork. Mince thoroughly, putting through a meat grinder two or three times, then season, using to each pound of the chopped meat a heaping teaspoonful of powdered sage, a teaspoonful of salt and a third of a teaspoonful of pepper. Pack in jars or small cotton bags, and cover fully an inch thick with melted lard. Keep in cold storeroom.

**Oxford Sausage.**—Use for these a pound each of finely chopped veal, pork and beef suet. Mix through this a quart of bread crumbs, the grated peel of a half lemon, a grated nutmeg, a sprig each of savory, thyme and sweet marjoram and a tablespoonful powdered sage leaves. Make in cakes and fry in a little hot butter.

## Scrambled Eggs in Biscuit Cases.

Take baking powder biscuits and cut a circle through the top crust down through the middle; remove the crumb, butter the inside and fill when reheated with scrambled eggs. Scatter chopped parsley over the top.—Harper's Bazar.

## VETERAN OF THREE WARS.

A Pioneer of Colorado and Nebraska.

Matthias Campbell, veteran of the Civil War and two Indian wars, and a pioneer of Colorado, now living at 218 East Nebraska street, Blair, Neb., says: "I had such pains in my back for a long time that I could not turn in bed, and at times there was an almost total stoppage of the urine. My wife and I have both used Doan's Kidney Pills for what doctors diagnosed as advanced kidney troubles, and both of us have been completely cured."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

## REAL HARD LUCK.



He—Then I am to understand that you absolutely reject my offer?

She—There is really nothing else for it.

He—Well, I think it very selfish of you. Here, I've actually gone and purchased a guide for our honeymoon.

## ECZEMA ALL OVER HIM.

No Night's Rest for a Year and Limit of His Endurance Seemed Near—Owes Recovery to Cuticura.

"My son Clyde was almost completely covered with eczema. Physicians treated him for nearly a year without helping him any. His head, face, and neck were covered with large scabs which he would rub until they fell off. Then blood and matter would run out and that would be worse. Friends coming to see him said that if he got well he would be disfigured for life. When it seemed as if he could possibly stand it no longer, I used some Cuticura Soap, Cuticura Ointment, and Cuticura Resolvent. That was the first night for nearly a year that he slept. In the morning there was a great change for the better. In about six weeks he was perfectly well. Our leading physician recommends Cuticura for eczema. Mrs. Algy Cockburn, Shiloh, O., June 11, 1907."

## Days of Bohemia Ended.

Bohemia has ceased to exist in the Paris Latin quarter, according to Alfred Capus, the playwright, who may be regarded as an authority on the point. In a lecture delivered on behalf of the "Maison d'Etudiants," which is to be the headquarters of the General Association of Paris Students, he remarked: "We must not be afraid to acknowledge that our students are no longer Bohemians."

## Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When the tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free. F. J. CHENEY & CO., Toledo, O. Sold by Druggists, etc. Take Hall's Family Pills for constipation.

When the average woman has trouble with her head she consults a milliner instead of a doctor.

## It Cures While You Walk.

Allen's Foot-Ease is a certain cure for hot, sweating, callous, and swollen, aching feet. Sold by all Druggists. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

A man's enemies anxiously await an opportunity to meet his widow.

## A MATTER OF COMPULSION.

No Soup, No Dinner, the Rule Laid Down by Barney.

Six years ago, when the king visited Dublin, some amusing incidents were recorded due to the grotesqueness of some hotel waiters apparently just fresh from rural life.

One hotelkeeper told such a newly imported "server" that he must always serve every one with soup at dinner and be quite certain that he had it.

Thereupon ensued the following scene between a visitor and the new waiter:

"Soup, sir?" said Barney.

"No soup for me," said the visitor.

"But you must have it," said Barney; "it's the rules of the house."

"Hang the house!" exclaimed the visitor, highly exasperated. "When I don't want soup I won't eat it. Get along with you!"

"Well," said Barney, with solemnity, "all I can say is just this—it's the rules of the house and sorra a drop else ye'll get till ye finish the soup!"—London Telegraph.

## Women and the Suffrage.

The severest criticism of the stupidity and inefficiency of the parliaments of the world is, in M. Marcel Prevost's opinion, the most universal indifference of women on the subject of voting. "Neither the representative nor the voter," says this expert in feminine psychology, "excites their envy. They do not even think about the vote, and if men offer it as a gift they pay no attention, burst out laughing or refuse point blank."

## People Talk About Good Things.

Twelve years ago few people knew of such a preparation as a Powder for the Feet. To-day after the genuine merits of Allen's Foot-Ease have been told year after year by grateful persons, it is indispensable to millions. It is cleanly, wholesome, healing and antiseptic and gives rest and comfort to tired aching feet. It cures while you walk. Over 30,000 testimonials. Imitations pay the dealer a larger profit otherwise you would never be offered a substitute for Allen's Foot-Ease, the original foot powder. Ask for Allen's Foot-Ease, and see that you get it.

## Jersey Legislation.

"That was a disgusting slap the governor took at our bills," said the New Jersey legislator.

"Seemed to irritate him as much as mosquito bills," admitted the disgruntled colleague.

"Mrs. Pinkham, of the Lydia E. Pinkham Medicine Company of Lynn, Mass., together with her son, Arthur W. Pinkham, and the younger members of her family, sailed for Naples on May 20th for a three months' tour throughout Europe and a much needed vacation."

## A Redeeming Trait.

"There was one good thing about Adam and Eve."

"What was that?"

"When they were in Eden they did not send out any souvenir postals."

## Important to Mothers.

Examine carefully every bottle of CASTORIA a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Charles H. Fletcher*. In Use For Over 30 Years. The Kind You Have Always Bought.

When you meet with men of worth think how you may attain their level; when you see those of an opposite character, look within and examine yourself.—Confucius.

## Try Murine Eye Remedy

For Red, Weak, Watery, Watery Eyes. Murine Doesn't Smart—Soothes Eye Pain. All Druggists Sell Murine at 50cts. The 48 Page Book in each Pkg. is worth Dollars in every home. Ask your Druggist. Murine Eye Remedy Co., Chicago.

## Lotteries Pay Big Dividends.

Nearly \$100,000 is spent in Mexico City every week on lottery tickets and in the same period only about \$70,000 is paid back in premiums.



After suffering for seven years, this woman was restored to health by Lydia E. Pinkham's Vegetable Compound. Read her letter.

Mrs. Sallie French, of Paucaunla, Ind. Ter., writes to Mrs. Pinkham:

"I had female troubles for seven years—was all run-down, and so nervous I could not do anything. The doctors treated me for different troubles but did me no good. While in this condition I wrote to Mrs. Pinkham for advice and took Lydia E. Pinkham's Vegetable Compound, and I am now strong and well."

## FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat your letter in confidence and advise you free. No woman ever regretted writing her, and because of her vast experience she has helped thousands. Address, Lynn, Mass.

## SICK HEADACHE

**CARTER'S LITTLE LIVER PILLS.** Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

**CARTER'S LITTLE LIVER PILLS.** Genuine Must Bear Fac-Simile Signature. *Brewster* REFUSE SUBSTITUTES.

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**PILES** ANAKESIS gives instant relief. IS A SIMPLE CURE. At druggists or by mail. Sample FREE. Address, "ANAKESIS," Tribune Bldg., New York.

**WANTED YOUNG MEN** to learn plumbing, bricklaying, electricity, etc., actual work—no books. Two thirds of all net profits are divided among workmen. Book of explanation sent free. \$3.00 to \$4.00 paid. UNION SCHOOL OF TRADES, 120 to 126 East 9, Los Angeles, California.

If afflicted with sore eyes, use **Thompson's Eye Water**

**WIDOWS' PENSIONS** under NEW LAW obtained by JOHN W. MORRIS, Washington, D. C.

W. N. U., DENVER, NO. 26, 1908.